# NutriDyn

# Cardio Essentials BP Support

Support for Healthy Blood Pressure Already in the Normal Range\*

### Cardio Essentials BP Support Supplementation

NutriDyn has an all-new formula to support healthy blood pressure levels already in the normal range, Cardio Essentials BP Support.\*

Supplementation with Cardio Essentials BP Support may include these benefits:

- Support for healthy blood pressure already in the normal range\*
- Support for healthy blood lipid levels already in the normal range\*
- Promotes cardiovascular health<sup>+</sup>
- Support for healthy endothelial function\*
- Promotes healthy stress response\*
- Promotes healthy immune function<sup>+</sup>

### How Cardio Essentials BP Support Works

As the heart beats, it is pumping blood into the arteries. Blood pressure is the force in which the blood is pushing against the artery walls. The pressure is highest as the heart beats (systolic) and is lowest between beats (diastolic pressure). If blood pressure stays high over time, the heart has to work harder, which may lead to cardiovascular concerns. Cardio Essentials BP Support helps promote healthy blood pressure already in the normal range through patented ingredients.

Benolea® EFLA® 943 (olive leaf extract) contains polyphenolic compounds such as oleuropein that support cardiovascular health and potent antioxidants to support healthy stress response.<sup>4</sup><sup>1</sup> Benolea® is clinically proven to be safe and effective for supporting healthy blood pressure and blood lipid levels already in the normal range through human clinical trials and in vivo studies.<sup>42,3</sup>

It is believed that Benolea<sup>®</sup> supports healthy blood pressure levels via two known mechanisms. By promoting nitric oxide production, Benolea<sup>®</sup> supports vasodilation in blood vessels. It also supports the systematic dilation of arteries and veins.<sup>423</sup> This gives Benolea<sup>®</sup> a dual effect on heart health by promoting healthy blood pressure and blood lipid levels already in the normal range.<sup>41</sup>

Garlic contains diverse bioactive compounds that support cardiovascular health and promote healthy stress response and immune function.<sup>44</sup> The fermented black garlic bulb extract in the Cardio Essentials BP Support formula provides additional sulfides, saponins, phenolic compounds, and polysaccharides compared to fresh garlic.<sup>44</sup>







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#### How Cardio Essentials BP Support Works Continued

Clinical studies show that fermented black garlic bulb extract supports healthy blood pressure and blood lipid levels already in the normal range due to the additional S-allylcysteine (SAC) and S-allylmercaptocysteine (SAMC).<sup>+5</sup>

Celery seed has long been valued in traditional medicinal practices and modern research for its ability to support healthy blood pressure levels already in the normal range and healthy stress response.<sup>+</sup> The active ingredients in celery seed are called phthalides. They include compounds such as sedanolide and 3-n-butylphthalide (3nB), known for their ability to promote heart health.<sup>+6</sup>

Clinical studies show that the patented 3nB<sup>®</sup> (concentrated celery seed fraction) in Cardio Essentials BP Support promotes healthy circulation throughout the body by relaxing the walls of arteries and veins.<sup>47</sup> This general calming effect helps support healthy blood pressure levels already in the normal range and promotes healthy stress response.<sup>47</sup>

The MegaNatural®-BP<sup>™</sup> found in Cardio Essentials BP Support is a patented and clinically validated grape seed extract shown to support healthy blood pressure levels already in the normal range.<sup>•</sup> MegaNatural®-BP<sup>™</sup> has a unique structure and composition, along with multiple patents and human clinical trials to substantiate its claims.<sup>•</sup>8

Human clinical trials show that MegaNatural®-BP<sup>™</sup> supports healthy endothelial function, promotes healthy stress response, and supports cardiovascular function.<sup>♦ 9-10</sup> Research shows that MegaNatural®-BP<sup>™</sup> also promotes healthy circulation throughout the body by relaxing blood vessels via increased nitric oxide production.<sup>♦ 10</sup>

#### Why Use Cardio Essentials BP Support?

Research cited herein suggests that the micronutrients in Cardio Essentials BP Support promote overall cardiovascular health with a specific focus on supporting healthy blood pressure already in the normal range.<sup>+</sup> The ingredients have potent antioxidant properties that provide heart-healthy support for overall health, including immune function and healthy stress response.<sup>+</sup>

## **Supplement Facts**

Serving Size: 3 Capsules Servings Per Container: 30

nount Per Serving	%DV
750 mg	
43)	
750 mg	
e)	
s)	
200 mg	
₽™)	
	43) 750 mg e) °) 300 mg s)

**Other Ingredients:** Hypromellose, vegetable magnesium stearate, silica.

Benolea<sup>®</sup> is a registered trademark of Frutarom.

3nB<sup>®</sup> is a registered trademark of BioActives, LLC.

MegaNatural<sup>®</sup>-BP<sup>™</sup> and its logo are trademarks of Constellation Brands, Inc.

**Directions:** Take three capsules daily or as directed by your healthcare practitioner.

**Caution:** If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

#### **References:**

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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