

UltraBiotic Daily

Foundational Probiotics for
Healthy Gut Flora and Immunity*

UltraBiotic Daily Supplementation

UltraBiotic Daily is a foundational probiotic supplement featuring a 50:50 blend of patented *Lactobacillus acidophilus* and *Bifidobacterium lactis*, two of the most thoroughly studied probiotic strains.*

In fact, there are actually over 50 human clinical trials on these specific strains, confirming their position as two of the leading probiotic strains in the world. The findings of these studies continue to demonstrate the synergy of *Lactobacillus acidophilus* and *Bifidobacterium lactis* for supporting healthy gut flora balance, immune function, and proper digestion of vital nutrients.*¹

UltraBiotic Daily contains two of the most embraced probiotic strains for balancing the gut microbiome and supporting healthy immune response.* A bevy of clinical research suggests that *Lactobacillus acidophilus* and *Bifidobacterium lactis* may:

- Support healthy gut flora balance*
- Support healthy immune function*
- Support nutrient absorption*
- Support digestive function*

How UltraBiotic Daily Works

For daily gut and immune support, UltraBiotic Daily provides 15 billion colony-forming units (CFU) per serving of these synergistic probiotic strains (in a 50:50 ratio) in both 60 and 120-serving size options.* Read on to learn more about how the probiotics in UltraBiotic Daily work and their evidence-based benefits.

Lactobacillus acidophilus

L. acidophilus is a beneficial lactic acid bacteria strain often used to support lactose intolerance by promoting the digestion of simple sugars and other tough-to-digest nutrients.*²



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN



NON-GMO



cGMP FACILITY

How UltraBiotic Daily Works Continued

This strain has been shown in numerous studies to help relieve gastrointestinal discomfort by supporting a healthy balance of “friendly” intestinal microbiota.*^{3,4,5} Further research suggests that *L. acidophilus* may activate endocannabinoid and μ -opioid receptors in epithelial cells.*⁶ These receptors work to modulate pain signals in targeted tissues.

L. acidophilus is also necessary for helping the body synthesize vitamin B9 (folate) and vitamin B12, which are key for healthy nervous system function.*⁷

Bifidobacterium lactis

B. lactis is a bacterial strain that readily resists bile salts and acidic conditions (meaning it is able to withstand the harsh digestive environment of the human gut).⁸ Like lactobacilli, bifidobacteria aid in the digestion of lactose and are critical for producing B vitamins, which serve a myriad of vital roles in the body.*⁹

B. lactis is one of the most promising probiotic strains for supporting healthy immune response.* A 5-month, double-blind, randomized, placebo-controlled study including 465 healthy adults investigated the effect of a supplement containing *B. lactis* and *L. acidophilus* on respiratory health. Throughout the trial period, adults receiving the probiotic supplement had a significant reduction in nasal and respiratory symptoms compared to those taking a placebo.*¹⁰

Another study of 37 elderly subjects showed similar results, with the researchers finding beneficial effects of *B. lactis* on the immune responses of the participants.*¹¹

Further research shows that *B. lactis* can help balance healthy gut flora by effectively “outcompeting” unwanted organisms for growth substrates.*¹²

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60/120

	Amount Per Serving	%DV
<i>Lactobacillus acidophilus</i> DDS-1®††	10 Billion CFU †	*
<i>Bifidobacterium lactis</i> UABla-12™††	10 Billion CFU †	*

Other Ingredients: Microcrystalline cellulose, digestive resistant capsule (hypromellose, gellan gum), vegetable stearic acid, vegetable magnesium stearate, silica.

† At time of manufacture.

†† DDS-1® and UABla-12™ are trademarks of Chr. Hansen.

Directions: Take one capsule one to two times daily or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

References:

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For more information, visit: www.nutridyn.com